

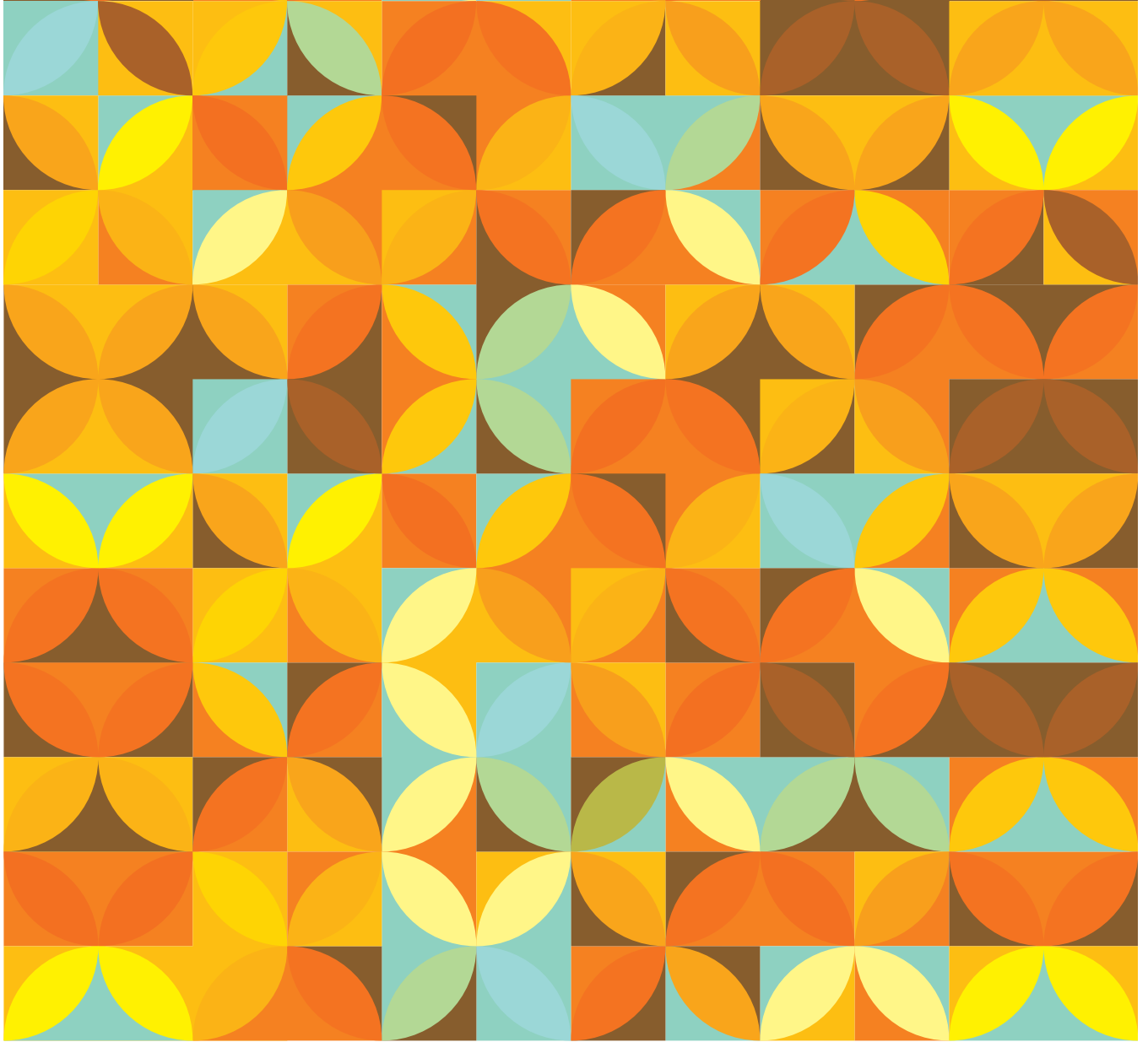


HEALTHY CONNECTIONS

HAMILTON COUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD
2012 Annual Meeting & Awards Presentation



Of all the knowledge, that most worth having is knowledge about health!
The first requisite of a good life is to be a healthy person.
—Herbert Spencer



HEALTHY CONNECTIONS

HAMILTON COUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD

2012 Annual Report

Healthy Connections

PROGRESS

Thomas L. Gabelman
Chair
Board of Trustees



MHR SB provides leadership in public behavioral health care as the authority charged under ORC § 340 with planning, funding, managing, and evaluating behavioral health care in Hamilton County. Recent developments, including the installation of a new state administration, economic changes, innovations in behavioral healthcare and technology, and national healthcare reform all connect to MHR SB and in turn to consumer health.

services that best meet consumer needs. This is an ongoing process as change is still occurring at many levels.

The public healthcare sector has changed rapidly as costs continue to rise. Because the average lifespan of mental health consumers is generally 25 years shorter than the general population, the MHR SB has been exploring innovative ways to improve the overall health of consumers while reducing the cost of care. To that end, we have begun several collaborations that explore integrating care for physical and behavioral health, sharing physical and behavioral health information through technology, focusing on consumer outcomes, applying best and evidenced based practices, and increasing focus on consumer recovery and wellness.

Coordinating physical and behavioral healthcare is vitally necessary for improving the overall health of individuals with severe mental illness and substance use disorders as well as preventing expensive healthcare costs. Hamilton County is fortunate to have a long history of effective integrated models in both the primary health and community mental health sectors. To enhance those models, in January, 2012, a one year demonstration project to address needs and evaluate outcomes of persons with severe mental illness and diabetes was initiated by MHR SB. Technology, such as text messaging, is being used to impact the outcomes of consumers. This project is a cooperative effort with the Greater Cincinnati Beacon Collaborative, several mental health agencies, a federally qualified health center, Cincinnati Collaborative, and The Health Foundation of Greater Cincinnati.

In addition to integrated health care services offered through our service providers, MHR SB funds consumer operated centers that manage a variety of peer-to-peer wellness activities. The Recovery Center of Hamilton County offers classes and activities that focus on numerous dimensions of health and wellness,

Patrick Tribbe
President/CEO



The Ohio Department of Job and Family Services will assume full responsibility for Medicaid eligible behavioral health consumers on July 1, 2012. This change allows the MHR SB the opportunity to define our benefit package, control rates, financing strategies, enrollment guidelines, and outcomes for eligible residents. This change in strategy will enable us to explore efficiencies resulting in more resourceful use of existing revenue.

The state will cease to maintain its statewide claims processing system in 2014. Therefore in 2011 the MHR SB, in conjunction with Cuyahoga and Franklin Counties, began the lengthy and technical process of designing and purchasing a customized data system. The system is expected to be operational in January 2013 and will better support our strategic initiatives by expanding our claims processing and data collection capabilities, enhancing our planning abilities, and strengthening our financial and outcomes analysis and reporting.

Decreased state community-based funding and reductions in levy revenues have forced us to re-examine our funding priorities. In anticipation of these reductions, a strategic process was begun to ascertain the source and amount of funds to be reduced, timeframes for reductions, and an analysis to identify those

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Mark Davis



Gwen DiMeo



Kristina Egbers-Andrew



Constance Fox, MD

including nutrition, healthy cooking, weight management, self-defense, emotional fitness, and healthy living. Also during the past year, the WARMLINE received approximately 1450 calls related to medical treatment and/or emergencies.

MHR SB also took a lead role in bringing evidence based practices to our community. Through “Journey to Successful Living”, the \$9M SAMHSA grant for transitional age youth, four evidence-based practices have been initiated: Transition to Independence Program (TIP), Assertive Community Treatment (ACT), Integrated Dual Disorder Treatment (IDDT), and Seven Challenges.

The nationally recognized Outcomes Performance Improvement Program (OPIP) continues to exhibit strong growth. Finishing its 3rd year, this program produced significant increases in both the number of individuals participating as well as in the number of individuals evidencing improvement in quality of life and symptom reduction. 2012 also marked the 5th anniversary for MHR SB’s quarterly Consumer Outcomes Report published as a tool to support agencies’ quality improvement efforts. The Ohio Consumer Outcomes data collected for the aforementioned efforts continues to serve not only a critical role in local system and agency assessment, but facilitates more expansive efforts in researching the impact of mental health services.

HCMHR SB is proud to be a leader in Ohio’s recovery initiatives for both mental health and addiction. Passage of the Health and Hospital Indigent Care Levy enabled more than 1,600 medically indigent consumers to access critical treatment for alcohol and drug problems. This levy funds vital links in a continuum of care of services ranging from residential treatment to outpatient services for families and individuals.

This past year MHR SB alcohol and drug treatment and prevention providers collaborated on several important projects intended

for making healthy connections for consumers striving to overcome an addiction. With funds from the Strategic Prevention Framework grant, MHR SB partnered with the Coalition for a Drug Free Greater Cincinnati to offer a series of educational sessions for local prevention providers. When completed, the participants will be qualified to test for the Ohio certified prevention specialist credential. MHR SB also partnered with Ohio Citizens Advocates in planning a Town Hall Meeting to increase community awareness of the devastating impact of opiate drugs in Hamilton County.

Improving the quality of life for consumers involves the connected efforts of individuals, families, schools, and employers, along with healthcare, social service, and law enforcement systems. By ensuring our consumers have healthy connections, consumer’s needs are met, families are supported, and communities are strengthened. The MHR SB is grateful to the provider agencies, professionals, consumers, families, and volunteers who work together to create a system of care that focuses on these important connections. MHR SB also thanks the citizens of Hamilton County for their commitment and support of the MHR SB and its services.

In November, 2012, the citizens of Hamilton County will be asked to continue that support by passing the Mental Health Levy. Funding from that levy ensures that consumers have the vital connections to improve their overall health and wellness, live a self-directed life, and reach their full potential.



Sharon K. Keefer



C. Michael Lemon



Barbara McManus



Jenny O'Donnell



Mary Oden, PhD



Gary E. Powell



James Slattery, Jr.

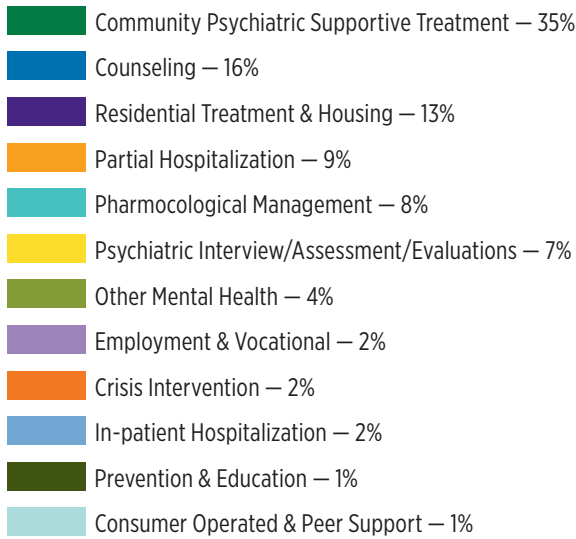
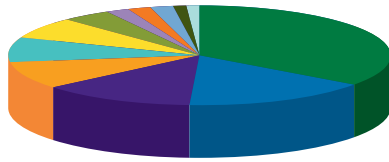


Jonathan L. Steinberg, PhD



Patrick Garry

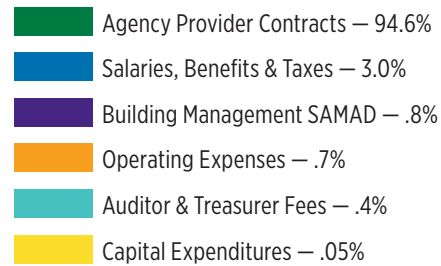
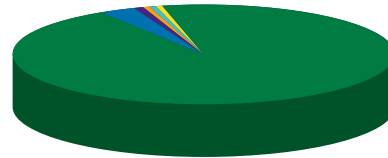
MH Services



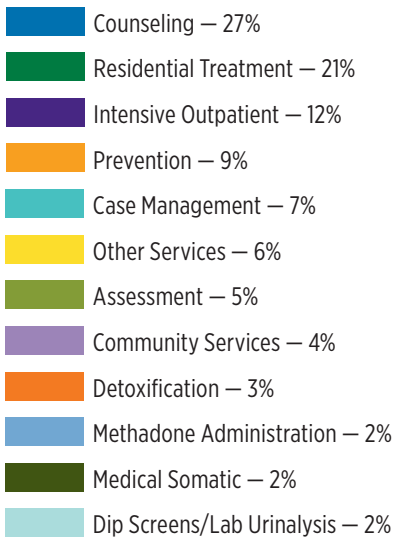
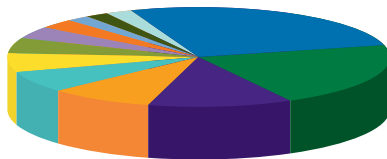
Overcoming mental illness is obviously important in my recovery journey, but opportunities to improve my physical, social, and financial well-being are equally important because they are all connected.

— Terese

Total Expenditures — \$121,513,183



AOD Services



The connection of physical and mental health is important.

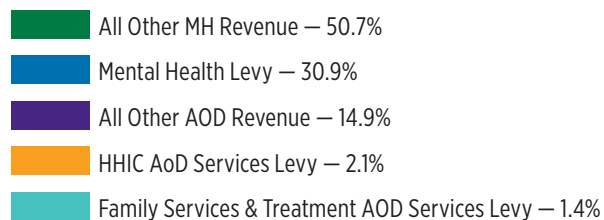
It's really uplifting because when my physical health is good then my mental health is good.

— Marianne

It's a profoundly new experience for me to feel moments of tranquility and a sense of well-being.

— Carolee

Total Revenue — \$123,047,473



Provider Agencies

Alcoholism Council of the Cincinnati Area NCADD	Greater Cincinnati Behavioral Health Services
Beech Acres Parenting Center	Hamilton County Adult Probation
Camelot Community Care	Hamilton County Family & Children First Council
Catholic Charities SouthWestern Ohio	Hamilton County Juvenile Court
Center for Chemical Addictions Treatment CCAT	Hamilton County Pre-Trial and Community Transition Services
Central Clinic	Hamilton County Sheriff's Department
Central Community Health Board CCHB	Health Resource Center of Cincinnati
The Children's Home of Cincinnati	Holistic Healing Avenues
Cincinnati Children's Hospital Medical Center	IKRON Rehabilitation Center
Cincinnati Union Bethel	Lighthouse Youth Services
Coalition for a Drug-Free Greater Cincinnati	Mallory Center for Community Development
Continuing Healthcare	Mental Health Access Point
Cornell Abraxas Group	Mental Health America of Southwest Ohio
The Counseling Source	Multi County System Agencies
Court Clinic	Pressley Ridge
The Crossroads Center	Prospect House
Declare Therapy Group	Salvation Army
The Drop Inn Center	St. Aloysius Orphanage
Excel Development Corporation	St. Joseph Orphanage
Exclusive Services	Sojourner Recovery Services
Family Service of the Cincinnati Area	Specialized Alternatives for Family and Youth of America
First Step Home	Talbert House
Foundations for Living	The National Committee on Youth
Free Store/Food Bank	University of Cincinnati Physicians Company
G.L.A.D. House	Tender Mercies
	UMADAOP of Cincinnati, Inc. United Minority Alcoholism and Drug Abuse Outreach Program
	Wyoming Youth Services Bureau

